

## **Calgary Outlink Post-Survey Resource List**

Please note that we cannot guarantee that all of these resources will be affirming towards your identity. All of these organizations provide support and resources in different ways depending on what you're looking for.

### **Calgary Outlink**

403-234-8973

[info@calgaryoutlink.ca](mailto:info@calgaryoutlink.ca)

calgaryoutlink.ca

Peer support services for 2SLGBTQ+ community members.

### **Trans Lifeline (24/7)**

1-877-330-6366

Translifeline.org

A peer support line for trans and non-binary individuals.

Will not call the police or emergency services without your permission.

### **Queer Compass**

Queercompass.ca

Online database for 2SLGBTQ+ resources in and around Calgary.

### **Distress Centre (24/7)**

403-266-4357

A crisis line for any kind of issue.

May contact the police or emergency services if harm to yourself or others is happening, or if actively suicidal.

### **Canada Suicide Prevention Service (24/7)**

1-833-456-4566 (phone support also available in French)

Text: 45645

Crisisservicescanada.ca

### **Kids Help Phone (24/7)**

1-800-668-6868 or kidshelpphone.ca

A general support platform for youth (up to youth in their early 20's). Has multiple options for communication on their website.

### **211 Alberta (24/7)**

Call: 211

ab.211.ca

Resource and referral line for any kind of issue.